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- Measure under bust and around bust while wearing a good fitting regular bra.
- measure string with a ruler.
- Use the chart to select your Arawaza top and protector insert size.



## CHEST GUARD WKF APPROVED

PARASENO/ REGGISENO SPORTIVO SUJETADOR DEPORTIVO/ PROTECTOR DE PECHO PROTÈGE-POITRINE/ SOUTIEN-GORGE DE SPORT **BRUSTSCHUTZ/SPORT-BH** 

Arawaza Sports Bra (Vest) made from CoolDry®Fabric. Cool breathing and moisture wicking to keep the body cool and dry.

Important: Guard is easily fitted into the vest. Apply vest, then fit Guard. Remove Guard after competition to further aid cooling.

CE WKF

# **KARATE CHEST GUARD**

The original Chest Protector for sportswomen. For use in fencing, martial arts, hockey, football, paintball and other

Protector de pecho original para mujeres deportistas. Para su uso en la práctica de esgrima, artes marciales, hockey, fútbol, paintball y otros deportes.

Der originale Brustschutz für Sportlerinnen. Für den Einsatz beim Fechten, Kampfsport, Hockey, Fußball, Paintball und anderen

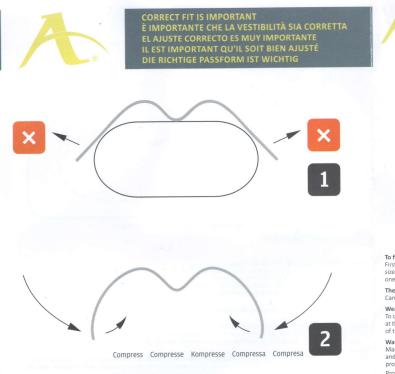
La pettorina originale per le sportive. Per l'utilizzo nella pratica di scherma, arti marziali, hockey, football, paintball e altri sport.

Le protège-poitrine original pour les sportives. Convient pour l'escrime, les arts martiaux, le hockey, le football, le paintball et d'autres sports.

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Arawaza Size	Chest Size Under Bust	USA / Euro Size	Cover Size
XS	30" / 74-78 cm	34A, 34B / 76A, 76B	Small
S	32" / 80-85 cm	38A, 38B / 85B, 85C	Medium
М	35" / 86-90 cm	38B, 38C / 85C, 85D	Medium
L	37" / 92-96 cm	40B, 40C / 90B, 90C	Large
XL	37" / 92-96 cm	40C, 40D / 90C, 90D	Large

Sister Sizes = up 1 size & down 1 cup size or down 1 size & up 1 cup size





Range of Application: This chest protector is designed for use by females to lessen injury from contact to the cl and breasts in fencing, karate, martial arts and combat sports. To choose the correct levels of performance for protective equipment in martial arts please refer to the rules of your national federation. We strictly recommen to only use martial arts protective equipment of the highest level of performance [EN 13277-6: 2003.



To find the correct size of your chest protector: First, measure chest size under the bust, then measure chest size around bust and select correct protector and cover size referring to th size table. Breast should fill the chest protector cups. If cup size of chest protector is too large, go down one size, and if too small, go u one size. The chest protector should be snug, yet comfortable on the body and be a tight fit within the appropriately sized cover (bra top).

The zones of protection: Can be seen from the appropriate figure in these user instructions.

Wearing your chest protector: To correctly wear your chest protector, place the cover (bra top) on the body first, then insert the chest guard into the specially formed pocket at the opening at the bottom of the cover between the two layers of textile. The ends of the guard must fit firmly into the pockets at each sid of the cover. Remove the guard from the cover as soon as possible after activity to further assist body cooling.

or the cover, remove the gual from the cover as soon as possible and activity to return to sore cover remove. Marrhal arts and combat sports including Karate in which body contact by the opponent occurs, is by its nature dangerous. Protective clothin and equipment for martial arts is intended as far as possible to prevent injuries or in the worst cases to reduce the severity of injuries. N protective equipment can offer full protection against injury. Protective equipment must not be changed or manipulated. Care instructions must be respected. Non-respect of these instructions can reduce the level of protection of this product. Carefully inspect chest protector a regular intervals to make sure that no mechanical defect (like abrasion, holes, cracks) have occurred. If this has happened, the product may no longer be used. Inspection of the cover should be mad regularly for cuts, torm threads or excessive stretch, and the cover replaced if in doubt. Chest protector relies on the tight fit of the cover the hold the guard securely in place over the breasts.

Caring and Storing Instructions: The chest protector should only be cleaned with water under 30 degrees Celsius and mild detergent using a cloth. Do not expose che protector to water hotter than 30 degrees Celsius, strong cleaning chemicals, solvents or direct sunlight. Chest protector could be damage or change shape under any of these conditions. Cover can be washed by hand at 30°C in a mild detergent. Dry naturally. To be stored in a co and dry place without direct light exposure. This product contains no substances which are known or are suspected of causing any advers health effect. By its intended usage there is no adverse influence on the hygiene of the user.

Materials of construction: Chest protector: LDPE plastic, elastic 70% nylon/ 30% elastane. Cover (bra top) outer fabric 81% nylon, 19% spandex, mesh fabric 74% nylon 26% spandex.

### Manufactured for Arawaza, www.arawaza.com

CE examination certificate has been issued according to EN 13277/6: 2003 by Institut Pro Testovani A Certifikaci, a. s. trida Tomase Bati 29 764 21 Ziin – Louky, Czech Republic. Notified body no. 1004. Use-by date of product: none.

Instructions for use : Chest Protector / Version: 02.05.2017